



FALL SIGN UPS



**Programs
begin in
September!**

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SKILL BUILDER BASKETBALL

Learn new skills and have fun with great coaching. Classes focus on improving players fundamentals through drills and games. Classes are held indoors. Basketball and Shirt included. Fee: \$160/10weeks

Ocean Air	Monday	K-2 grade	3:45-4:45pm	9/17-12/3/18
Ocean Air	Monday	3-6 grade	4:45-5:45pm	9/17-12/3/18
Carmel Mt. Sabre Springs	Tuesday	K-2 grade	4:00-5:00pm	9/18-11/27/18
Carmel Mt. Sabre Springs	Tuesday	3-6 grade	5:00-6:00pm	9/18-11/27/18
Standley	Tuesday	K-2 grade	3:55-4:55pm	9/18-11/27/18
Standley	Tuesday	3-6 grade	4:55-5:55pm	9/18-11/27/18
Carmel Valley	Wednesday	4-5 years	1:45-2:30pm	9/19-11/28/18
Carmel Valley	Wednesday	K-2 grade	2:45-3:45pm	9/19-11/28/18
Carmel Valley	Wednesday	3-6 grade	3:45-4:45pm	9/19-11/28/18
Black Mt.	Wednesday	K-2 grade	5:30-6:30pm	9/19-11/28/18
Black Mt.	Wednesday	3-6 grade	5:30-6:30pm	9/19-11/28/18
Encinitas	Thursday	4-5 years	3:00-3:50pm	9/20-11/29/18
Encinitas	Thursday	K-2 grade	4:00-5:00pm	9/20-11/29/18
Encinitas	Thursday	3-6 grade	4:00-5:00pm	9/20-11/29/18
Scripps Ranch	Thursday	4-5 years	3:00-3:50pm	9/20-11/29/18
Scripps Ranch	Thursday	K-2 grade	4:00-5:00pm	9/20-11/29/18
Scripps Ranch	Thursday	3-6 grade	4:00-5:00pm	9/20-11/29/18
Carlsbad Calavera	Friday	K-2 grade	5:00-6:00pm	10/5-11/2/18
Carlsbad Calavera	Friday	3-6 grade	6:00-7:00pm	10/5-11/2/18
Rancho Bernardo	Friday	K-2 grade	4:00-5:00pm	9/21-11/30/18
Rancho Bernardo	Friday	3-6 grade	5:00-6:00pm	9/21-11/30/18



SHOT REPS ADVANCED BASKETBALL TRAINING

Improve your total game by working with great coaches and advanced technology!

Fee: \$200/ 10 weeks (Limited spots: 16 per class)

Ocean Air	Monday	Grades 5-9	6:00-7:00pm	9/17-12/3/18
Ocean Air	Monday	Grades 5-9	7:00-8:00pm	9/17-12/3/18
Carmel Mt. Sabre Springs	Wednesday	Grades 5-9	5:30-6:30pm	9/19-11/28/18
Carmel Mt. Sabre Springs	Wednesday	Grades 5-9	6:30-7:30pm	9/19-11/28/18



The SHOT REPS program improves your game through efficient, quality reps using technology. Our system offers instruction from certified coaches by focusing on fundamentals including: elite footwork off the dribble and pass, optimal shooting arc, and follow through. SHOT REPS will help you build the muscle memory needed to see your overall game improve.



FITLIGHT
TRAINER™ | SEE THE LIGHT



GET YOUR REPS IN!



SKILL BUILDER SOCCER

A great class to improve skills, build confidence and have fun in a low pressure setting. We incorporate the Fitlight Trainer into our curriculum, creating one of the most unique and fun soccer training experiences ever! Soccerball and Shirt included.

Fee: \$125/8weeks

Carmel Mt. Sabre Springs	Monday	3-5 years	3:00-3:45pm	9/17-11/5/18
Carmel Mt. Sabre Springs	Monday	K-2 grade	4:00-5:00pm	9/17-11/5/18
Carmel Mt. Sabre Springs	Monday	3-6 grade	5:00-6:00pm	9/17-11/5/18
Scripps Ranch	Tuesday	3-5 years	3:00-3:45pm	9/18-11/6/18
Scripps Ranch	Tuesday	K-2 grade	4:00-5:00pm	9/18-11/6/18
Scripps Ranch	Tuesday	3-6 grade	5:00-6:00pm	9/18-11/6/18
Ocean Air	Thursday	3-5 years	3:00-3:45pm	9/19-11/7/18
Ocean Air	Thursday	K-2 grade	4:00-5:00pm	9/19-11/7/18
Ocean Air	Thursday	3-6 grade	5:00-6:00pm	9/19-11/7/18
Carmel Valley	Friday	3-5 years	3:00-3:45pm	9/20-11/8/18
Carmel Valley	Friday	K-2 grade	3:45-4:45pm	9/20-11/8/18
Carmel Valley	Friday	3-6 grade	4:45-5:45pm	9/20-11/8/18



JUNIOR SPORTS

Participants will play soccer, basketball, tee-ball, flag football and track and field. Our method is to give participants a foundation in each sport by incorporating rules into modified games that are a lot of fun. Gift and Shirt included. Fee: \$125/8weeks

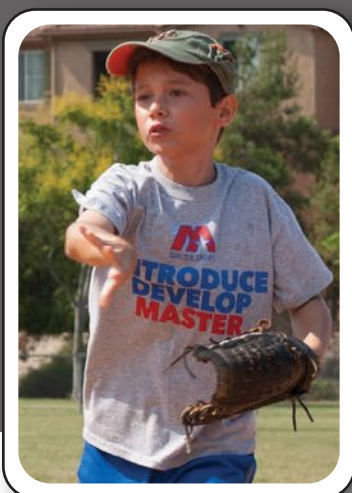
Carmel Valley	Monday	2-3 years	9:20-9:55am	9/17-11/5/18
Carmel Valley	Monday	3-5 years	10:00-10:50am	9/17-11/5/18
Carmel Valley	Tuesday	3-4 years	9:30-10:20am	9/18-11/6/18
Carmel Valley	Tuesday	4-5 years	10:30-11:20am	9/18-11/6/18
Scripps Ranch	Tuesday	2-3 years	9:20-9:55am	9/18-11/6/18
Scripps Ranch	Tuesday	3-5 years	10:00-10:50am	9/18-11/6/18
Ocean Air	Wednesday	2-3 years	9:20-9:55am	9/19-11/7/18
Ocean Air	Wednesday	3-5 years	10:00-10:50am	9/19-11/7/18
Ocean Air	Thursday	2-3 years	9:20-9:55am	9/20-11/8/18
Ocean Air	Thursday	3-5 years	10:00-10:50am	9/20-11/8/18
4S Ranch	Friday	2-3 years	9:20-9:55am	9/21-11/9/18
4S Ranch	Friday	3-5 years	10:00-10:50am	9/21-11/9/18
Scripps Ranch	Saturday	3-4 years	8:45-9:30am	9/22-11/10/18
Scripps Ranch	Saturday	4-5 years	9:30-10:15am	9/22-11/10/18
Scripps Ranch	Saturday	5-6 years	10:15-11:00am	9/22-11/10/18
Ocean Air	Saturday	3-4 years	9:00-9:50am	9/22-11/10/18
Ocean Air	Saturday	4-5 years	10:00-10:50am	9/22-11/10/18
Ocean Air	Saturday	5-6 years	11:00-11:50am	9/22-11/10/18



SKILL BUILDER VOLLEYBALL

Classes focus on improving players' fundamentals through drills and games. Space is very Limited. Classes are held indoors. Shirt included. Fee: \$160/10weeks.

Carmel Valley	Monday	7-9 years	4:00-5:00pm	9/19-12/3/18
Carmel Valley	Monday	9-13 years	5:00-6:00pm	9/19-12/3/18
Standley	Tuesday	7-9 years	3:55-4:55pm	9/20-12/4/18
Standley	Tuesday	9-13 years	4:55-5:55pm	9/20-12/4/18
Carmel Mt. Sabre Springs	Wednesday	9-13 years	4:00-5:00pm	9/21-12/5/18
Ocean Air	Thursday	7-9 years	4:00-5:00pm	9/22-12/6/18
Ocean Air	Thursday	9-13 years	5:00-6:00pm	9/22-12/6/18
Black Mt. Gym	Friday	9-13 years	5:00-6:00pm	9/23-12/7/18



SKILL BUILDER BASEBALL

A good foundation for aspiring baseball players to work on their hitting and fielding skills in a low pressure confidence building environment. Shirt included. Fee: \$125/8weeks

Carmel Valley	Wednesday	6-8 years	3:00-4:00pm	9/19-11/7/18
Carmel Valley	Wednesday	8-10 years	4:00-5:00pm	9/19-11/7/18



XTREME DODGEBALL AFTER SCHOOL CLUB

An incredibly fun, fast-paced game played with inflatable obstacles used for ducking, dodging and hiding. Our dodge balls are child friendly soft foam core models to create a safe and Xtremely fun time. Fee: \$160 /10 weeks

2 HOUR DROP OFF PROGRAM!

Ocean Air	Wednesday	Ages 6-12	2:30-4:30pm	9/19-11/28/18
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Carmel Mt. Sabre Springs	Thursday	Ages 6-12	5:30-6:30pm	9/20-11/29/18
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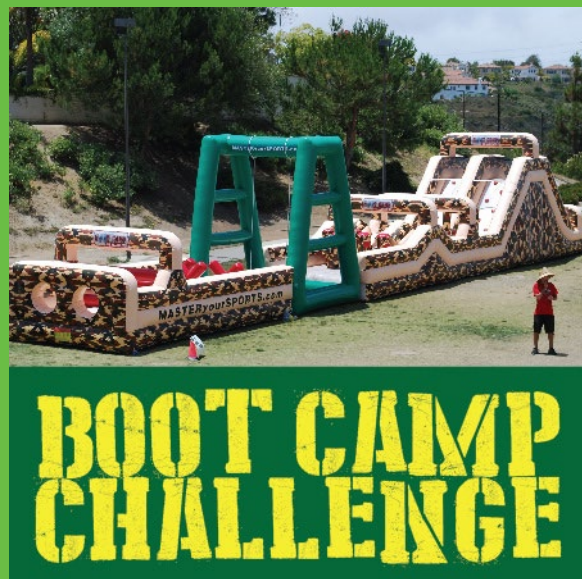
Non Student Day Camps

September 28 & November 12

FUNZONE

*Pedal Kart Racing, Bootcamp Obstacle Course,
Dodgeball and Laser tag*

Ages 5-13 years. 9:00am-3:00pm. 4S Ranch Sports Park



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LEAGUES



BASKETBALL FALL LEAGUE

SEPTEMBER-DECEMBER

Carmel Valley Recreation Center

Grades 1-2 Coed

Grades 3-4 Boys

Grades 5-6 Boys

Grades 7-8 Boys

Evaluations SEPTEMBER 10

See website for details

REGISTER
MASTERSPORTS.com

LEAGUES



ARENA SOCCER



★ SATURDAYS ★ SMALL TEAMS (3v3,4v4,5v5) ★ AGES 3-9 YRS

Join this exciting league! The ball never goes out of bounds! Small teams and lots of touches on the ball mean more shooting, dribbling, passing and ball control. The emphasis is always on fun and learning.

*VISIT OUR WEBSITE FOR COMPLETE DETAILS
LEAGUE STARTS SEPTEMBER 22*



BEGINNER BASEBALL LEAGUE

Divisions: 3.5-5 years

Season: September 22-November 10

Game days: Saturdays

Fee: \$130 includes uniform, trophy and team picture

Location: Carmel Valley Rec Lower Field

All friend requests
accepted up to
9 players!

LOCATIONS



Black Mt. Gym
9353 Oviedo Way
San Diego 92129

Encinitas CC
1140 Oakcrest Park Dr
Encinitas 92024

Standley Rec
3585 Governor Dr
San Diego 92122

Calavera Hills Rec
2997 Glasgow Drive
Carlsbad 92010

Ocean Air Rec
4770 Fairport Way
San Diego 92130

4S Ranch Sports Park
16118 4S Ranch Prkwy
San Diego 92122

Carmel Mt. Sabre Springs
10152 Rancho Carmel Dr
San Diego 92128

Rancho Bernardo Rec
18448 West Bernardo Dr
San Diego 92127

Coronado CC
1845 Strand Way
Coronado 92118

Carmel Valley Rec
3777 Townsgate Dr
San Diego 92130

Scripps Ranch Rec
11454 Blue Cypress Dr
San Diego 92131

Carmel Creek Park
4210 Carmel Center Rd.
San Diego 92130

Stage Coach Rec
3420 Camino de Los Coches
Carlsbad 92009

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